

## **Questions to Consider**

*A companion guide to the ELEVATIONS® assessment*

To make the most of your ELEVATIONS assessment results, we offer the following questions for you to consider (on your own or with a coach) in the context of your career desires and goals:

### **Values:**

- What are the key elements or patterns in your “Highest” career selections?
- What other careers might have those characteristics?
- How might you develop a list of additional careers that meet the general criteria we have discussed?
- What might stop you from pursuing your “Highest” career selections?
- How can we work together to achieve your goals?

### **Personality:**

- Did you feel torn between two or more of the personality types?
- What aspects of your personality do you enjoy the most?
- Which one describes you most consistently since your childhood?
- Do you wish you were more like one of the other personalities?
- What messages have you gotten from your parents/teachers that are contributing to your desire to be different?
- What careers can you imagine that would utilize your natural personality characteristics?

### **Facilitate Change:**

- What does your most successful future look like?
- How have you solved past problems?
- What is different about the time when you enjoyed your daily life more than you do now?
- How, exactly, would you like things to be different?
- What would be the very first sign that things are on the right track?
- What would your hero do?
- If you could look back on your life after a successful career and life, what do you want to have accomplished?
- When are you most passionate? Do you discount your passions as a viable aspect of your career path?